

The following are indicators for when hospice may be appropriate. Please feel free to contact Hospice of Helping Hands at any time for a free informational visit.

<u>Lung Disease</u>

- Shortness of breath at rest bed to chair existence
- Frequent visits to the emergency room or hospitalizations for lung infections such as pneumonia
- · Shortness of breath while on oxygen
- Weight loss of 10% or greater in 6 months
- Resting heart rate greater than 100 beats/ minute
- Not able to tolerate breathing medication or medications are not working

